

# NEW YORK

**Ranking:** New York is 18th this year; it was 20th in 2011.

## Highlights:

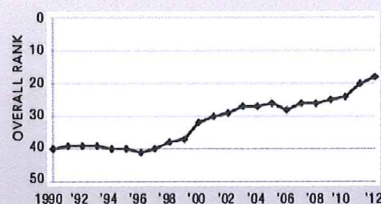
- New York has one of the lowest obesity rates in the U.S. at 24.5 percent of the adult population; however, more than 3.7 million adults are obese in the state.
- Although high school graduation rates remain a challenge for the state, the percentage of incoming ninth graders who graduate in 4 years increased in the past 5 years from 60.9 percent to 73.5 percent.
- In the past 5 years, air pollution decreased from 11.8 to 9.2 micrograms of fine particulate per cubic meter.
- Five years ago, the geographic disparity within the state was 7.5; this year it is 9.8, indicating that health now varies more widely among counties within the state.
- In the past 10 years, the rate of uninsured population decreased from 15.5 percent to 13.6 percent.

## Health Disparities:

In New York, obesity is more prevalent among non-Hispanic blacks at 32.2 percent than non-Hispanic whites at 23.8 percent.

**State Health Department Website:** [www.health.state.ny.us](http://www.health.state.ny.us)

## Overall Rank: 18



**Change:** ▲ 2

**Determinants Rank:** 19

**Outcomes Rank:** 14

## Strengths:

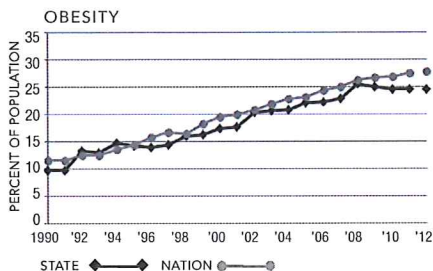
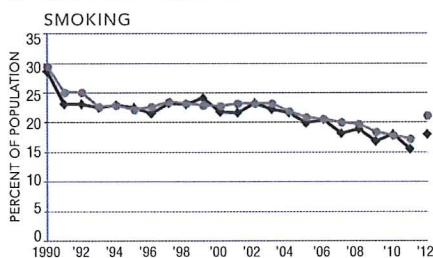
- Ready availability of primary care physicians
- Low prevalence of smoking
- Low prevalence of obesity
- High per capita public health funding

## Challenges:

- Low high school graduation rate
- High prevalence of diabetes

ECONOMIC ENVIRONMENT	NY	U.S.
Annual Unemployment Rate (2011)	8.1%	8.9%
Annual Underemployment Rate (2011)	14.3%	15.9%
Median Household Income (2011)	\$50,636	\$50,054

MEASURE	ADULT POPULATION AFFECTED 2012
Smoking	2,747,000
Obesity	3,719,000
Diabetes	1,594,000
Sedentary Lifestyle	3,992,000



The 2012 data in the above graphs are not directly comparable to prior years. See Methodology for additional information.



		2012		NO. 1 STATE
		VALUE	RANK	
DETERMINANTS	BEHAVIORS			
	Smoking (Percent of adult population)	18.1	8	11.8
	Binge Drinking (Percent of adult population)	19.6	34	10.0
	Obesity (Percent of adult population)	24.5	7	20.7
	Sedentary Lifestyle (Percent of adult population)	26.3	28	16.5
	High School Graduation (Percent of incoming ninth graders)	73.5	39	90.7
COMMUNITY & ENVIRONMENT				
	Violent Crime (Offenses per 100,000 population)	392	31	122
	Occupational Fatalities (Deaths per 100,000 workers)	3.2	8	2.4
	Infectious Disease (Cases per 100,000 population)	9.7	26	2.8
	Children in Poverty (Percent of persons under age 18)	22.6	33	8.6
	Air Pollution (Micrograms of fine particles per cubic meter)	9.2	21	5.1
POLICY				
	Lack of Health Insurance (Percent without health insurance)	13.6	20	4.5
	Public Health Funding (Dollars per person)	\$124	6	\$236
	Immunization Coverage (Percent of children ages 19 to 35 months)	88.8	34	94.2
CLINICAL CARE				
	Low Birthweight (Percent of live births)	8.2	25	5.7
	Primary Care Physicians (Number per 100,000 population)	160.2	5	194.5
	Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	66.3	30	25.0
ALL DETERMINANTS		0.25	19	0.95
OUTCOMES				
	Diabetes (Percent of adult population)	10.5	40	6.7
	Poor Mental Health Days (Days in previous 30 days)	3.7	19	2.8
	Poor Physical Health Days (Days in previous 30 days)	4.0	29	2.9
	Geographic Disparity (Relative standard deviation)	9.8	14	5.6
	Infant Mortality (Deaths per 1,000 live births)	5.4	11	4.4
	Cardiovascular Deaths (Deaths per 100,000 population)	285.9	39	195.9
	Cancer Deaths (Deaths per 100,000 population)	170.5	8	128.6
	Premature Death (Years lost per 100,000 population)	6,183	8	5,621
ALL OUTCOMES		0.15	14	0.31
OVERALL		0.40	18	1.20

For a more detailed look at this data, visit [www.america'shealthrankings.org/NY](http://www.america'shealthrankings.org/NY)



# AMERICA'S HEALTH RANKINGS®

UNITED HEALTH FOUNDATION®

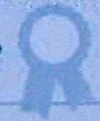
2012 EDITION

## New York

RANK: **18**Better  
than  
20112011 Rank: 20  
Improved: 2

## TOP FIVE HEALTHIEST STATES:

1. Vermont
2. Hawaii
3. New Hampshire
4. Massachusetts
5. Minnesota



## SEDENTARY LIFESTYLE

26.3% or about

**1 in 4**adults in **New York**  
are physically inactive

compared to 26.2% nationally

## DIABETES

**1 in 10**people in **New York** have diabetes

compared to 1 in 11 nationally

## HIGH SCHOOL GRADUATION

**73.5%**of students in **New York**  
graduate within 4 years  
compared to 75.5% nationally

nation

**New York**

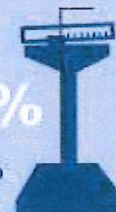
## SMOKING

**18.1%**of people in **New York** smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

## OBESITY

**24.5%**of adults in **New York**  
are obese compared to  
27.8% nationally



# California

RANK: **22**

no  
change

2011 Rank: 22  
Unchanged



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2012 EDITION

TOP FIVE HEALTHIEST STATES:

1. Vermont
2. Hawaii
3. New Hampshire
4. Massachusetts
5. Minnesota



## SEDENTARY LIFESTYLE

19.1% or about

**1 in 5**

adults in **California**  
are physically inactive



compared to 26.2% nationally

## DIABETES

**1 in 11**

people in **California** have diabetes



compared to 1 in 11 nationally

## SMOKING

**13.7%**

of people in **California** smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

## HIGH SCHOOL GRADUATION

**71.0%**

of students in **California**  
graduate within 4 years  
compared to 75.5% nationally



nation

**California**

## OBESITY

**23.8%**

of adults in **California** are  
obese compared to  
27.8% nationally







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2012 EDITION

# Connecticut

RANK: 6

Declined  
from  
2011

2011 Rank: 4  
Declined: 2

TOP FIVE HEALTHIEST STATES:

1. Vermont
2. Hawaii
3. New Hampshire
4. Massachusetts
5. Minnesota



## SEDENTARY LIFESTYLE

25.5% or about

**1 in 4**

adults in **Connecticut**  
are physically inactive



compared to 26.2% nationally

## DIABETES

**1 in 11**

people in **Connecticut** have diabetes



compared to 1 in 11 nationally

## SMOKING

**17.1%**

of people in **Connecticut** smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

## HIGH SCHOOL GRADUATION

**75.4%**

of students in **Connecticut**  
graduate within 4 years  
compared to 75.5% nationally



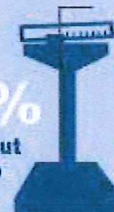
nation

**Connecticut**

## OBESITY

**24.5%**

of adults in **Connecticut**  
are obese compared to  
27.8% nationally





# Florida

**RANK: 34** no change 2011 Rank: 34  
Unchanged



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2012 EDITION

TOP FIVE HEALTHIEST STATES:

1. Vermont
2. Hawaii
3. New Hampshire
4. Massachusetts
5. Minnesota



## SEDENTARY LIFESTYLE

26.0% or about

**1 in 4**

adults in **Florida**  
are physically inactive



compared to 26.2% nationally

## DIABETES

**1 in 10**

people in **Florida** have diabetes



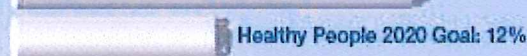
compared to 1 in 11 nationally

## SMOKING

**19.3%**

of people in **Florida** smoke

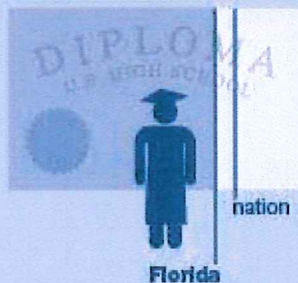
compared to 21.2% nationally



## HIGH SCHOOL GRADUATION

**68.9%**

of students in **Florida**  
graduate within 4 years  
compared to 75.5% nationally



## OBESITY

**26.6%**

of adults in **Florida**  
are obese compared to  
27.8% nationally







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2012 EDITION

# Massachusetts

**RANK: 4**

Better  
than  
2011

2011 Rank: 7  
Improved: 3

TOP FIVE HEALTHIEST STATES:  
1. Vermont  
2. Hawaii  
3. New Hampshire  
4. Massachusetts  
5. Minnesota

## SEDENTARY LIFESTYLE

23.5% or about

**1 in 4**

adults in **Massachusetts**  
are physically inactive

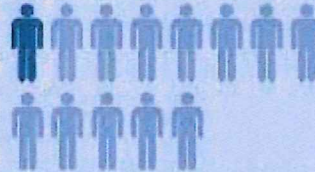


compared to 26.2% nationally

## DIABETES

**1 in 13**

people in **Massachusetts** have diabetes

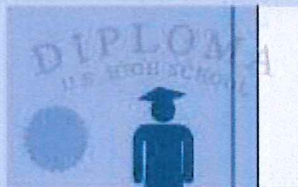


compared to 1 in 11 nationally

## HIGH SCHOOL GRADUATION

**83.3%**

of students in **Massachusetts**  
graduate within 4 years  
compared to 75.5% nationally



**Massachusetts**

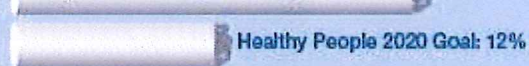
nation

## SMOKING

**18.2%**

of people in **Massachusetts** smoke

compared to 21.2% nationally



Healthy People 2020 Goal: 12%

## OBESITY

**22.7%**

of adults in **Massachusetts**  
are obese compared to  
27.6% nationally





# Texas

**RANK: 40**

Better  
than  
2011

2011 Rank: 42  
Improved: 2



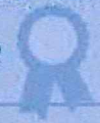
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TOP FIVE HEALTHIEST STATES:

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## SEDENTARY LIFESTYLE

27.2% or about

**1 in 4**

adults in Texas  
are physically inactive

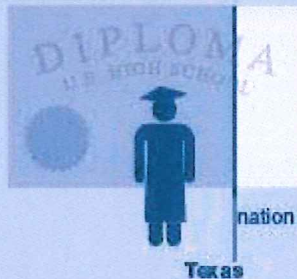


compared to 26.2% nationally

## HIGH SCHOOL GRADUATION

**75.4%**

of students in Texas  
graduate within 4 years  
compared to 75.5% nationally



## DIABETES

**1 in 10**

people in Texas have diabetes



compared to 1 in 11 nationally

## SMOKING

**19.2%**

of people in Texas smoke

compared to 21.2% nationally

Healthy People 2020 Goal: 12%

## OBESITY

**30.4%**

of adults in Texas  
are obese compared to  
27.8% nationally

